

THE RED ZONE CAFE

# LUNCH

## SALADS

### COBB SALAD

romaine, tomato, avocado, egg, blue cheese, bacon, roasted turkey

\$6.50 GF

### GRILLED CHICKEN CAESAR SALAD

romaine, parmesan, croutons tossed in lemon caesar dressing & topped with grilled chicken

\$6.25

### AUTUMN SALAD

romaine, apples, candied walnuts, goat cheese, kidney beans, red onion, grilled chicken breast

\$6.25 GF

### CHEF SALAD

romaine, ham, turkey, swiss, cheddar, egg, cucumber, carrot, tomato, green onion

\$6.50 GF

### CHICKEN SALAD

chicken salad, tomato, red onion on a bed of romaine

\$5.00 GF

### SOUP & SALAD

cup of soup and side salad

\$6.00

## ENTRÉES

### CHICKEN STRIPS

two hand-breaded chicken strips served with fries with your choice of dipping sauce (honey mustard, bbq, buffalo or ranch)

\$6.25

### GOAT CHEESE RAVIOLI

handmade cheese ravioli with roasted red peppers, pine nuts and baby spinach in a garlic cream sauce

\$7.00 V

### GREEK STUFFED CHICKEN

chicken breast stuffed with goat cheese and roasted red peppers served on a bed of spinach finished with a light cream sauce & pine nuts

\$7.00 GF

## SANDWICHES

### TURKEY RANCH BACON & CHEDDAR

roasted turkey, crispy bacon, cheddar & ranch with lettuce, tomato & red onion served with chips

\$6.50

### GRILLED CHEESE

swiss, cheddar, cream cheese, pesto & sliced tomato on two slices of our house-made challah bread served with chips

\$6.00 V

### HAM & SWISS PANINI

ham, swiss & garlic aioli served with chips

\$6.00

### BYOC/BYOB

5 oz marinated chicken breast or 1/3 pound burger, grilled & served on a fresh baked bun with lettuce, tomato, red onion, garlic aioli and your choice of cheese (cheddar, swiss or pepperjack) served with chips (black bean burger available upon request)

\$6.50

### CHICKEN SALAD SANDWICH

poached chicken, red grapes, green onions tossed in garlic aioli with lettuce, tomato & red onion served with chips

\$6.50

## SIDES

SIDE SALAD \$2.00

PASTA SALAD \$2.00

SOUP OF THE DAY ask your  
CUP/BOWL server

CHIPS \$1.75

FRIES \$2.00

LOADED FRIES \$3.00  
cheddar, bacon & sour cream

POTATO SALAD \$2.00

## DESSERTS

ask about our dessert specials! all desserts are made in-house from scratch by our students.